

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: AZK

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Van Eetvelde Kasper

Coaches: Lenders Maartje HEADCOACH

Coaches: Bes Hannes

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 14:00
Heat: 3/30 Lane : 5 Athlete: MAVRIQI ARRITA			Q-time: 00:39:95
PB (25m pool): 00:39.95 Hoogstraten 28/09/2025			PB (50m pool): 00:44.23 SB: 00:39.95 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:39.95	
		00:39.95	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 14:05
Heat: 6/30 Lane : 1 Athlete: CLAESSENS MARIE			Q-time: 00:38:42
PB (25m pool): 00:38.42 Hoogstraten 28/09/2025			PB (50m pool): 00:38.31 SB: 00:38.42 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:38.42	
		00:38.42	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:9, starttime: 14:10
Heat: 9/30 Lane : 3 Athlete: BROUWERS PHEBE			Q-time: 00:36:21
PB (25m pool): 00:36.21 Temse 17/11/2025			PB (50m pool): 00:41.17 SB: 00:36.21 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:36.21	
		00:36.21	
			

Coach feedback:

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Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:12, starttime: 14:10
Heat: 12/30 Lane : 3 Athlete: MATTHEEUSEN ELLA			Q-time: 00:35:08
PB (25m pool): 00:35.08 Temse 17/11/2025			PB (50m pool): 00:37.14 SB: 00:35.08 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:35.08	
		00:35.08	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:14, starttime: 14:15
Heat: 14/30 Lane : 1 Athlete: AERNOUTS ROOS			Q-time: 00:34:64
PB (25m pool): 00:33.97 Stedelijk Zwembad Geel 11/02/2024			PB (50m pool): 00:34.65 SB: no time
	2 5 M	5 0 M	
PB		00:33.97	
		00:33.97	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:14, starttime: 14:15
Heat: 14/30 Lane : 4 Athlete: VAN LOOVEREN ASTER			Q-time: 00:34:46
PB (25m pool): 00:35.29 Diksmuide 17/11/2024			PB (50m pool): 00:33.56 SB: no time
	2 5 M	5 0 M	
PB		00:35.29	
		00:35.29	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:17, starttime: 14:15
Heat: 17/30 Lane : 2 Athlete: LAZEROMS SIEN			Q-time: 00:33:60
PB (25m pool): 00:33.60 Herentals 17/05/2025			PB (50m pool): 00:33.56 SB: 00:33.97 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:33.60	
		00:33.60	
			

Coach feedback:

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Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:20, starttime: 14:20
Heat: 20/30 Lane : 4 Athlete: BROUWERS MISCHA			Q-time: 00:32:67
PB (25m pool): 00:32.67 Hoogstraten 28/09/2025			PB (50m pool): 00:35.35 SB: 00:32.67 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:32.67	
		00:32.67	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:23, starttime: 14:20
Heat: 23/30 Lane : 5 Athlete: VAN GINNEKEN MARIT			Q-time: 00:32:02
PB (25m pool): 00:32.02 Antwerpen 12/10/2025			PB (50m pool): 00:32.53 SB: 00:32.02 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:32.02	
		00:32.02	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:24, starttime: 14:20
Heat: 24/30 Lane : 4 Athlete: CEULEMANS HANNE			Q-time: 00:31:61
PB (25m pool): 00:31.43 Kalmthout 30/04/2023			PB (50m pool): 00:31.75 SB: 00:32.04 Kalmthout 08/02/2026
	2 5 M	5 0 M	
PB		00:31.43	
		00:31.43	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:25, starttime: 14:20
Heat: 25/30 Lane : 5 Athlete: MICHIELSEN JINTHE			Q-time: 00:31:41
PB (25m pool): 00:31.53 Antwerpen 12/10/2025			PB (50m pool): 00:31.41 SB: 00:31.53 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:31.53	
		00:31.53	
			

Coach feedback:

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Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:9, starttime: 14:40
Heat: 9/31 Lane : 3 Athlete: CLAESSENS VIC			Q-time: 00:46:75
PB (25m pool): 00:46.75 Herentals 17/05/2025			PB (50m pool): 00:46.49 SB: no time
	2 5 M	5 0 M	
PB		00:46.75	
		00:46.75	
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:9, starttime: 14:40
Heat: 9/31 Lane : 4 Athlete: JOOSEN CIS			Q-time: 00:46:76
PB (25m pool): 00:46.76 Herentals 17/05/2025			PB (50m pool): no time SB: 00:47.73 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:46.76	
		00:46.76	
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:19, starttime: 14:50
Heat: 19/31 Lane : 6 Athlete: JORISSEN QUINTEN			Q-time: 00:36:59
PB (25m pool): 00:36.59 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): 00:37.06 SB: no time
	2 5 M	5 0 M	
PB		00:36.59	
		00:36.59	
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:29, starttime: 15:00
Heat: 29/31 Lane : 6 Athlete: VAN LOON WIES			Q-time: 00:31:21
PB (25m pool): 00:31.21 Antwerpen 12/10/2025			PB (50m pool): 00:32.66 SB: 00:31.21 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:31.21	
		00:31.21	
			

Coach feedback:

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Event number: 8: 100M FREESTYLE WOMEN 9-10					Heat:2, starttime: 15:05
Heat: 2/2 Lane : 6 Athlete: MATTHEEUSEN OLIVIA					Q-time: 01:38:18
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 9-10					Heat:1, starttime: 15:05
Heat: 1/2 Lane : 1 Athlete: VAN LOON SCOUT					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 9-10					Heat:2, starttime: 15:05
Heat: 2/2 Lane : 2 Athlete: DELVA SAM					Q-time: 01:31:01
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+					Heat:9, starttime: 15:20
Heat: 9/39 Lane : 1 Athlete: CLAESSENS MARIE					Q-time: 00:44:06
PB (25m pool): 00:43.49 Hoogstraten 29/09/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M			
PB		00:43.49			
	00:43.49				
					

Coach feedback:

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Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:10, starttime: 15:25
Heat: 10/39 Lane : 6 Athlete: MAVRIQI ARRITA			Q-time: 00:43:16
PB (25m pool): 00:39.46 Kalmthout 08/02/2026			PB (50m pool): 00:44.91 SB: 00:39.46 Kalmthout 08/02/2026
	2 5 M	5 0 M	
PB		00:39.46	
		00:39.46	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:18, starttime: 15:35
Heat: 18/39 Lane : 6 Athlete: BROUWERS PHEBE			Q-time: 00:38:08
PB (25m pool): 00:39.16 Kapellen 03/11/2024			PB (50m pool): 00:37.43 SB: no time
	2 5 M	5 0 M	
PB		00:39.16	
		00:39.16	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:22, starttime: 15:40
Heat: 22/39 Lane : 2 Athlete: LAZEROMS SIEN			Q-time: 00:36:69
PB (25m pool): 00:36.69 Antwerpen 12/10/2025			PB (50m pool): 00:39.51 SB: 00:36.69 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:36.69	
		00:36.69	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:24, starttime: 15:40
Heat: 24/39 Lane : 3 Athlete: VAN LOOVEREN ASTER			Q-time: 00:36:11
PB (25m pool): 00:36.24 Antwerpen 12/10/2025			PB (50m pool): 00:41.43 SB: 00:36.24 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:36.24	
		00:36.24	
			

Coach feedback:

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Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:26, starttime: 15:45
Heat: 26/39 Lane : 3 Athlete: BROUWERS MISCHA			Q-time: 00:35:60
PB (25m pool): 00:35.60 Antwerpen 12/10/2025			PB (50m pool): 00:39.10 SB: 00:35.60 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:35.60	
		00:35.60	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:26, starttime: 15:45
Heat: 26/39 Lane : 5 Athlete: MATTHEEUSEN ELLA			Q-time: 00:35:67
PB (25m pool): 00:35.67 Antwerpen 12/10/2025			PB (50m pool): 00:39.88 SB: 00:35.67 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:35.67	
		00:35.67	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:29, starttime: 15:45
Heat: 29/39 Lane : 2 Athlete: CEULEMANS HANNE			Q-time: 00:34:64
PB (25m pool): 00:34.23 Kapellen 05/11/2023			PB (50m pool): 00:35.85 SB: no time
	2 5 M	5 0 M	
PB		00:34.23	
		00:34.23	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:29, starttime: 15:45
Heat: 29/39 Lane : 6 Athlete: AERNOUTS ROOS			Q-time: 00:34:73
PB (25m pool): 00:34.23 Sinbad 23/07/2024			PB (50m pool): 00:35.25 SB: 00:34.81 Kalmthout 08/02/2026
	2 5 M	5 0 M	
PB		00:34.23	
		00:34.23	
			

Coach feedback:

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Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:33, starttime: 15:50
Heat: 33/39 Lane : 3 Athlete: VAN GINNEKEN MARIT			Q-time: 00:33:39
PB (25m pool): 00:33.39 Antwerpen 12/10/2025			PB (50m pool): 00:34.08 SB: 00:33.39 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:33.39	
		00:33.39	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:36, starttime: 15:55
Heat: 36/39 Lane : 2 Athlete: MICHELSEN JINTHE			Q-time: 00:32:14
PB (25m pool): 00:31.90 Kalmthout 08/02/2026			PB (50m pool): 00:33.13 SB: 00:31.90 Kalmthout 08/02/2026
	2 5 M	5 0 M	
PB		00:31.90	
		00:31.90	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:4, starttime: 16:05
Heat: 4/30 Lane : 1 Athlete: CLAESSENS VIC			Q-time: 00:33:10
PB (25m pool): 00:33.10 Antwerpen 12/10/2025			PB (50m pool): 00:32.39 SB: 00:33.10 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:33.10	
		00:33.10	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:13, starttime: 16:10
Heat: 13/30 Lane : 5 Athlete: JORISSEN QUINTEN			Q-time: 00:28:64
PB (25m pool): 00:26.72 Kalmthout 08/02/2026			PB (50m pool): 00:28.91 SB: 00:26.72 Kalmthout 08/02/2026
	2 5 M	5 0 M	
PB		00:26.72	
		00:26.72	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: AZK

Event number: 11: 50M FREESTYLE MEN 11+							Heat:19, starttime: 16:15		
Heat: 19/30 Lane : 3 Athlete: VAN LOON WIES							Q-time: 00:27:01		
PB (25m pool): 00:27.01 Antwerpen 12/10/2025				PB (50m pool): 00:28.09 SB: 00:27.01 Antwerpen 12/10/2025					
	2 5 M		5 0 M						
PB			00:27.01						
	00:27.01								
									

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 9-10					Heat:2, starttime: 16:30	
Heat: 2/2 Lane : 1 Athlete: MATTHEEUSEN OLIVIA					Q-time: 02:02:16	
PB (25m pool): 02:02.16 Arendonk 30/11/2025			PB (50m pool): no time SB: 02:02.16 Arendonk 30/11/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:57.19		02:02.16		
	00:57.19		01:04.97			
						

Coach feedback:

Event number: 13: 100M BREASTSTROKE MEN 9-10					Heat:1, starttime: 16:30
Heat: 1/2 Lane : 2 Athlete: VAN LOON SCOUT				Q-time: 99:99:99	
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 13: 100M BREASTSTROKE MEN 9-10					Heat:2, starttime: 16:35	
Heat: 2/2 Lane : 6 Athlete: DELVA SAM					Q-time: 02:07:69	
PB (25m pool): 02:07.69 Arendonk 30/11/2025			PB (50m pool): no time SB: 02:07.69 Arendonk 30/11/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		01:02.33		02:07.69		
	01:02.33		01:05.36			
						

Coach feedback: